



The Group Leader is in charge of a Jackrabbit/Bunny group. With support of the program coordinator, the Group Leader will come up with session plans and activities. The Group Leader is also in charge of the safety of the group and the individual(s) assisting the Group (the Group Helper).

## **DUTIES AND RESPONSIBILITIES**

- Being in charge of the group of 6 kids (Bunny ages 4-5) / 8 kids (Jackrabbit ages 6-8)
- Come up with games and activity plans for each weekly session (supported by the program coordinator).
- Make sure all kids are safe and warm (return to warm-up area if needed)

#### **ABILITIES**

- Being comfortable outside for 1hr during winter (the temperature cut-off is -25 celsius)
- Good communication skills with kids
- Patience and enthusiasm
- Basic ski skills green/beginner terrain

# **TRAINING**

For Bunny groups (ages 4 and 5) and for Jackrabbit groups (ages 6-8):

- Coach and Initiation in Sport (1 hour / online)
- Introduction to Community Coaching (4 hours / online)
- Community Coaching course for cross-country skiing (full-day Date to be determined).

During this course, participants will be taught how and what to coach (games, leadership, skill development, etc.). **NOT MADATORY FOR THE BUNNY LEADERS, BUT HIGHLY RECOMMENDED** 

Courses fees are refunded by the club.

#### TIME COMMITMENT

- Training time before program start
- 1h per week for 12 weeks from December to March.

# WHY VOLUNTEERING?

- Get your weekly dose of fresh air
- Gets ONE child program registration for free
- Equipment rental opportunities
- Connect with other people
- Share an activity with your children

# **CONTACT**

Program Coordinator / jackrabbit@whitehorsenordic.ca

# **REQUIRED DOCUMENTS**

**€** RC

RCMP criminal records check



First aid certificate

#### **READY TO JOIN US?**

You will be able to sign up as a volunteer while registering your child.

Volunteering parents will be able to register their kid(s) 2 days prior to the non-volunteering parents, write to us to get access to pre-registration or if you have any questions!

